



Title: It's All About Me

Passage: Mark 10:42-45

1. Life that's all about me = \_\_\_\_\_

- 2. What's behind this mentality?
  - \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_

3. The problem – we \_\_\_\_\_\_ ourselves of life-giving \_\_\_\_\_

4. We need others for \_\_\_\_\_\_ in the \_\_\_\_\_

5. We need others to provide a \_\_\_\_\_\_ when the \_\_\_\_\_\_ drops out

Spring 2022 Session 4 6. We need others for \_\_\_\_\_

7. We need others to position us to \_\_\_\_\_, not \_\_\_\_\_,

8. Life that's about Jesus = \_\_\_\_\_

Discussion Questions:

- 1. What's the most obvious place in your life where the "make it all about you" mentality regularly creeps in?
- 2. We discussed three possibilities being behind the mentality that life is all about me: fear/insecurity, pride/shame, and anger/resentment. Which do you think feeds in the most for you?
- 3. Share about a time in life when you were either knowingly or unaware depriving yourself of life-giving relationships.
- 4. Why does the concept that we are "dependent by design" strike us negatively? Why do we have a natural aversion to depending on others?
- 5. What's an example of healthy community providing either spurring on in the faith or spiritual sharpening for you?
- 6. Read Mark 10:42-45 together. Pray for one another to create space in your heart and margin in your life to make it about others & practice serving others. What is one step you'll take this week toward this?



Session 4

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**Passage:** Mark 10:42-45

- 9. Life that's all about me = <u>Serving myself</u>
- 10. What's behind this mentality?
  - <u>Fear / insecurity</u>
  - <u>Pride / shame</u>
  - <u>Anger / resentment</u>
- 11. The problem we <u>deprive</u> ourselves of life-giving <u>relationships</u>
- 12. We need others for <u>spurring on</u> in the <u>faith</u>
- 13. We need others to provide a <u>safety net</u> when the <u>bottom</u> drops out

14. We need others for <u>sharpening</u>

15. We need others to position us to <u>serve</u>, not <u>be served</u>

16. Life that's about Jesus = <u>Serving others</u>

Discussion Questions:

- 7. What's the most obvious place in your life where the "make it all about you" mentality regularly creeps in?
- 8. We discussed three possibilities being behind the mentality that life is all about me: fear/insecurity, pride/shame, and anger/resentment. Which do you think feeds in the most for you?
- 9. Share about a time in life when you were either knowingly or unaware depriving yourself of life-giving relationships.
- 10. Why does the concept that we are "dependent by design" strike us negatively? Why do we have a natural aversion to depending on others?
- 11. What's an example of healthy community providing either spurring on in the faith or spiritual sharpening for you?
- 12. Read Mark 10:42-45 together. Pray for one another to create space in your heart and margin in your life to make it about others & practice serving others. What is one step you'll take this week toward this?