

"Self(less)"

Small Group Discussion Guide April 27, 2025

Key Scriptures: Philippians 2:3-11

Key Points:

• The challenge to be selfless: Selfishness <u>isolates</u>; it doesn't <u>protect</u>. Selflessness builds; it doesn't diminish.

Small Group Leaders: Have you talked with your small group about how you will be involved in the Great Adventure? Visit hcbc.com/servega to see and sign up for opportunities.

Group Opener:

What's a phrase or idea you've heard lately in our culture that encourages self-focus? How do you think that impacts our relationships?

Discussion Questions:

- 1. Do you think you were raised to think more about the group or more about yourself? How has that shaped you?
- 2. Read Philippians 2:3-11. What do you think it looks like to "count others more significant than yourselves"?
- 3. How would you describe "enemy mode" in your own words, and what do you think the consequences are of living in "enemy mode" over time?
- 4. Pastor Tim's friend dinged his own car to let go of fear. What's something you've "held too tightly" that made others feel like enemies?
- 5. How might you begin to practice selflessness in your *oikos*—workplace, family, or marriage—when you're exhausted, overwhelmed, or anxious?