

WHEN IT HURTS

The Life of Job

HOW TO SUPPORT THOSE WHO ARE SUFFERING *Job 2:11-13*

- 1) They were intentional. (Job 2:11)
- 2) They responded with appropriate emotion. (Job 2:12)
- 3) They were ok with it not being ok. (Job 2:13)

MY APPLICATION

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

1. Share a time when you were around someone who was hurting or in pain. What emotions were you feeling? What was most challenging?
2. What does it look like to be intentional rather than passive with people who are hurting?
3. When you are with people who are hurting or in grief, what does it look like to respond well emotionally?
4. What are some ways of responding that have good intentions but are not helpful in the moment of grief?
5. What does it mean to “be ok with it not being ok”? What does that look like practically lived out when walking with someone who is hurting?
6. How is our weakness an opportunity for God’s strength when we walk with people who are hurting?

MEMORY VERSE

Praise be to God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

2 Corinthians 1:3-4