

## **SESSION 29 – DAUGHTERS**

### **I. STRONG FATHERS, STRONG DAUGHTERS**

1. You are the most \_\_\_\_\_ man in your daughter's life.
2. She knows you're \_\_\_\_\_ than her mother.
3. What is your daughter looking for?
  - if you're going to keep her safe
  - if she's ok around you
  - if you're going to go away and never come back
  - if she can trust what you have to give her
4. Set her on a course of having \_\_\_\_\_ relationships with men.
  - You set a \_\_\_\_\_ over her heart for how she will relate to men.
5. She is going to be much more open to a relationship with God later in life.
  - You leave an \_\_\_\_\_ on her soul and on her life.
6. It's never too late to regroup with your daughter.
  - You can't talk to your daughters the way you talk to your sons.
  - What your daughter wants from you is just for you to \_\_\_\_\_ to her.
  - Be very careful in the \_\_\_\_\_ that you use with her.
  - The words you speak in your daily lives \_\_\_\_\_ who our daughter becomes.
  - Your daughter's identity is \_\_\_\_\_ by reading you.
7. It is important for dads to teach their daughters about \_\_\_\_\_.
8. Teach your daughters to \_\_\_\_\_.
9. The most important thing you can do is give her physical \_\_\_\_\_.
  - Never take it \_\_\_\_\_.
  - What she is really is saying is "Dad, am I worth fighting for?"
  - If you engage your daughter, that's the best protection she can have.

**DISCUSSION / REFLECTION QUESTIONS**

1. Discuss how knowing that you're the most important man in your daughter's life makes you feel as Dad.
2. Share how well you're doing giving physical affection to your daughter. If you've ever experienced the resistance that Meg referred to, how have you handled that?
3. Would your daughter say that you listen to her well? What are some things you can do to let her know you're listening and that you care about what she is saying?
4. What is your main take-away from this session on loving our daughter well?

**ANSWERS****I. STRONG FATHERS, STRONG DAUGHTERS**

1. You are the most **important** man in your daughter's life.
2. She knows you're **different** than her mother.
3. What is your daughter looking for?
  - if you're going to keep her safe
  - if she's ok around you
  - if you're going to go away and never come back
  - if she can trust what you have to give her
4. Set her on a course of having **solid** relationships with men.
  - You set a **template** over her heart for how she will relate to men.
5. She is going to be much more open to a relationship with God later in life.
  - You leave an **impact** on her soul and on her life.
6. It's never too late to regroup with your daughter.
  - You can't talk to your daughters the way you talk to your sons.
  - What your daughter wants from you is just for you to **listen** to her.
  - Be very careful in the **words** that you use with her.
  - The words you speak in your daily lives **change** who our daughter becomes.
  - Your daughter's identity is **shaped** by reading you.
7. It is important for dads to teach their daughters about **faith**.
8. Teach your daughters to **fight**.
9. The most important thing you can do is give her physical **affection**.
  - Never take it **personally**.
  - What she is really saying is "Dad, am I worth fighting for?"
  - If you engage your daughter, that's the best protection she can have.