# **SESSION 23 – THREATS**

## I. INTRODUCTION

1. Authentic men need to be \_\_\_\_\_\_ of these threats, know how they operate, and take precautions to avoid them.

## II. FIVE MARRIAGE THREATS

- 1. Sex
  - Proverbs 6:27 (ESV) "Can a man carry fire next to his chest and his clothes not be burned?"
  - God \_\_\_\_\_\_ the intimacy and the flames of sex to burn safely within a life-long commitment between a husband and a wife.
  - Internet Pornography
    - The Bible tells us "\_\_\_\_\_ from sexual immorality."
      1 Corinthians 6:18 (ESV)
    - We learned in first semester that we have to fight fire with fire by fully embracing the power of God's \_\_\_\_\_\_ and turning our hearts to His more satisfying promises.
    - One of the greatest gifts you can give your wife or future wife is to be a man who fights for purity.
  - o Premarital Sex
    - When sex precedes \_\_\_\_\_, pain and distrust are the eventual result every time.
    - One of the greatest ways you can show love and build trust is to guard both your and her \_\_\_\_\_.
  - o Extramarital Affair
    - Proverbs 6:32 (ESV) "He who commits adultery lacks sense; he who does it destroys himself."
    - An extramarital affair won't even deliver the \_\_\_\_\_\_ it promises.
    - They usually start out as an emotional connection but follow a pretty predictable pattern.
    - The best way to affair-proof your marriage is to keep the fire kindled at home to cultivate the flames of friendship and intimacy with your wife.



- If you've messed up in any of these areas, there's one word to remember:
  \_\_\_\_\_\_\_\_. Jesus died on the cross to offer you grace, forgiveness, and the power to change.
  - An Authentic Man confesses, repents, and \_\_\_\_\_ God with his repentant heart.
- 2. A Graceless Home
  - A graceless home is when a home or marriage become performancebased and expectations-filled.
  - A graceless home will \_\_\_\_\_\_ oneness in your marriage.
  - You and your spouse will tend toward one of two extremes when faced with conflict:
    - "Fighter": you tend to be aggressive and don't mind verbalizing your frustrations.
    - "Bottler": you tend to \_\_\_\_\_\_ conflict and escape.
  - Proverbs 19:11 (NLT) "Sensible people control their temper; they earn respect by overlooking wrongs."
- 3. Money
  - \_\_\_\_\_\_ about money can be a major source of stress in a marriage.
  - Financial baggage usually includes:
    - Influence from family of origin.
    - Personal financial choices.
  - It is crucial for spouses to openly and honestly \_\_\_\_\_\_ these money issues so they can be on the same page and avoid the major threat that money can become.



4. Kids

- Psalm 127:3 (NLT) says that "children are a gift from the Lord."
- There are usually two types of misses when it comes to kids:
  - Selfishness: this is when a married couple neglects or pays too little attention to the kids.
  - Too much attention: this is when the marriage becomes kid-centric at the expense of the married couple's relationship.
- 5. Identity
  - This is when a husband tries to find his ultimate \_\_\_\_\_, value, or worth in his marriage or his wife.
  - No wife can be perfect, and she's not designed or equipped to be our
  - Authentic Men love their wives deeply and neither overly-depend on nor act completely independent of their spouse.

## DISCUSSION / REFLECTION QUESTIONS

- 1. Are you finding that you and your wife are more susceptible to some of these particular threats more than others?
- 2. How are you doing with sex-related threats (porn, premarital, extramarital)? What are some precautions you have taken or need to take to avoid those threats?
- 3. Discuss what an authentic friendship with a woman who's not your wife should look like.
- 4. When it comes to conflict, are you a "fighter" or a "bottler"? What about your wife? How can understanding these tendencies help you and your wife deal with conflict?
- 5. Is your home defined by grace? Do you create space for your wife to make mistakes?

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## ANSWERS

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1. Authentic men need to be **aware** of these threats, know how they operate, and take precautions to avoid them.

## II. FIVE MARRIAGE THREATS

- 1. Sex
  - Proverbs 6:27 (ESV) "Can a man carry fire next to his chest and his clothes not be burned?"
  - God <u>designed</u> the intimacy and the flames of sex to burn safely within a life-long commitment between a husband and a wife.
  - Internet Pornography
    - The Bible tells us "<u>flee</u> from sexual immorality." 1
      Corinthians 6:18 (ESV)
    - We learned in first semester that we have to fight fire with fire by fully embracing the power of God's **grace** and turning our hearts to His more satisfying promises.
    - One of the greatest gifts you can give your wife or future wife is to be a man who fights for purity.
  - o Premarital Sex
    - When sex precedes **commitment,** pain and distrust are the eventual result every time.
    - One of the greatest ways you can show love and build trust is to guard both your and her **purity**.
  - o Extramarital Affair
    - Proverbs 6:32 (ESV) "He who commits adultery lacks sense; he who does it destroys himself."
    - An extramarital affair won't even deliver the **happiness** it promises.
    - They usually start out as an emotional connection but follow a pretty predictable pattern.
    - The best way to affair-proof your marriage is to keep the fire kindled at home to cultivate the flames of friendship and intimacy with your wife.
  - If you've messed up in any of these areas, there's one word to remember: grace.
    Jesus died on the cross to offer you grace, forgiveness, and the power to



change.

- An Authentic Man confesses, repents, and <u>trusts</u> God with his repentant heart.
- 2. A Graceless Home
  - A graceless home is when a home or marriage become performancebased and expectations-filled.
  - A graceless home will **<u>corrode</u>** oneness in your marriage.
  - You and your spouse will tend toward one of two extremes when faced with conflict:
    - "Fighter": you tend to be aggressive and don't mind verbalizing your frustrations.
    - "Bottler": you tend to **avoid** conflict and escape.
  - Proverbs 19:11 (NLT) "Sensible people control their temper; they earn respect by overlooking wrongs."
- 3. Money
  - **Disagreements** about money can be a major source of stress in a marriage.
  - Financial baggage usually includes:
    - Influence from family of origin.
    - Personal financial choices.
  - It is crucial for spouses to openly and honestly <u>discuss</u> these money issues so they can be on the same page and avoid the major threat that money can become.



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  - Psalm 127:3 (NLT) says that "children are a gift from the Lord."
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