

**SESSION #1 BIBLICAL MANHOOD:  
MANHOOD REALITIES**

**I. INTRODUCTION**

Our world desperately needs better men.

**II. CURRENT MANHOOD REALITIES**

1. Men are in a state of confusion.
2. Men are experiencing a general disappointment with life.
3. Men are experiencing pain.
4. Men are lonely.
5. Men are drifting.
6. Men are turning to escapes to numb the pain.
7. Confused men create major problems. For example:
  - Recent statistics reveal that 90% of murders are committed by men. 88% of robberies are committed by men, and 75% of all people arrested are men.
  - “Gender is the single best predictor of criminal behavior: men commit more crime, and women commit less. This distinction holds throughout history, for all societies, for all groups, and for nearly every crime category.
8. Without a compelling vision for manhood, men will settle for less in life.

**III. Historical ROOTS FOR OUR PRESENT MANHOOD CRISIS**

1. Racism
2. The Industrial Revolution
3. The War Years
4. Feminism
5. Extended Adolescence

#### **IV. CONCLUSION**

1. You need to show up.
2. You need a team.
3. Preview of future sessions.

#### **QUESTIONS FOR YOUR SMALL GROUP DISCUSSION**

1. Why did you join this manhood journey? What expectations do you have personally?
2. What stood out to you most from session one?
3. Are you experiencing any of the current “manhood realities” discussed?
4. Have any of the historical roots of our current manhood crisis affected you, if so how?