

# EMBODIED

theology of the whole self

## The Sexual Body Selected Scriptures

1. The sexual body was **designed by God** for His purpose.

- God created sex. (Genesis 1:27-28a)
- God confined sex. (Genesis 2:24)
- God confirmed sex. (Hebrews 13:4)

2. The sexual body was **distorted by sin** for selfish ends.

- Defilement of soul (Mark 7:21, 23)
- Denial of God's will (1 Thessalonians 4:3-5)
- Disregard for God's Spirit (1 Thessalonians 4:7-8)

# MY APPLICATION

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

1. God invented sex. Think about that: Sex was God's idea. In what ways does this truth surprise you? In what ways does it encourage you?
2. Like fire in a fireplace, God confined sex to the context of marriage between a man and a woman. How does this challenge our culture's view of sex? How would you answer those challenges?
3. Sin is defined by its middle letter "i." "I" want to define my own good, "I" want to be my own god. How has sin distorted God's purpose for sex?
4. From Jesus's words in Mark 7:21, 23, how would you answer the objection, "sex is only physical"? Why did Jesus restate God's original design for sex?
5. Read 1 Thessalonians 4:3-8. From this text, create a short list of reasons why sexual holiness is God's will. Discuss why lust doesn't fit into God's design.
6. Jesus was tender toward those hurt by sexual sin. Take time to pray, ask God to give you His heart toward sexually broken people.

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## Memory Verse

**"It is God's will that you should be sanctified: that you should avoid sexual immorality; that each of you should learn to control your own body in a way that is holy and honorable.."**

**1 Thessalonians 4:3-4**