



## The Sexual Body

The sexual body was designed by God for His purpose; however, it's been distorted by sin for selfish ends. And, as we see in Scripture, sexual holiness is God's will for our body and life, which challenges culture's view of sex.

**1 Thessalonians 4:3-4** "It is God's will that you should be sanctified: that you should avoid sexual immorality; that each of you should learn to control your own body in a way that is holy and honorable.."

### Sermon Points:

1. The sexual body was **designed by God** for His purpose.
  - a. God created sex. (Genesis 1:27-28a)
  - b. God confined sex. (Genesis 2:24)
  - c. God confirmed sex. (Hebrews 13:4)
2. The sexual body was **distorted by sin** for selfish ends.
  - a. Defilement of soul (Mark 7:21, 23)
  - b. Denial of God's will (1 Thessalonians 4:3-5)
  - c. Disregard for God's Spirit (1 Thessalonians 4:7-8)

**Group Opener:** Sex was God's idea and created to be a good thing when understood as a God thing. Like fire in a fireplace, God confined sex to the context of marriage between a man and a woman. How does this challenge our culture's view of sex? How would you answer those challenges?

### Discussion Questions:

1. From Jesus's words in Mark 7:21, 23, how would you answer the objection, "Sex is only physical." Why did Jesus restate God's original design for sex?
2. Read 1 Thessalonians 4:3-8. From this text, create a short list of reasons why sexual holiness is God's will. Discuss why lust doesn't fit into God's design.
3. Jesus was tender toward those hurt by sexual sin. Take time to pray, ask God to give you His heart toward sexually broken people.

