

REBOOT

TAKE CHARGE OF YOUR TECH HABITS

Break Free: The Dangers of Technology

Scripture: Genesis 11:1-9

Sermon Points:

1. Technology can become a platform for elevating self above God. (Genesis 11:1-4)
2. God's response to self elevation is chaos and disunity. (Genesis 11:5-9)
 - It is with us 24/7
 - It is highly addictive
 - It is manipulative
 - It is particularly damaging for children and youth

Group Opener

What was your first mobile phone?

Discussion Questions:

1. How much time do you spend on a screen and how do you feel about this?
(For iPhone users Settings ->Screen Time)
2. Genesis 9:1 was God's command to people, read this aloud and then compare to Genesis 11:1-4.

Genesis 9:1 Then God blessed Noah and his sons, saying to them, "Be fruitful and increase in number and fill the earth."

Genesis 11:1-4 Now the whole world had one language and a common speech. ²As people moved eastward, they found a plain in Shinar and settled there.³ They said to each other, "Come, let's make bricks and bake them thoroughly." They used brick instead of stone, and tar for mortar. ⁴Then they said, "Come, let us build ourselves a city, with a tower that reaches to the heavens, so that we may make a name for ourselves; otherwise we will be scattered over the face of the whole earth."

What role did technology play a role in their disobedience?

3. Are you aware of the dangers of interactive screens and the challenges of high usage of social media, gaming, and extended screen time? How do these dangers impact you and your household?
4. Are you participating in the detox this week, why or why not?
5. What is God teaching you about your involvement in technology?