



V
I
R
T
U
E

As you begin your journey through the Virtues journal, consider these two simple steps to set yourself up for success as you meet with God in His Word and in the pages of this journal.

Find a time

When you set a consistent time to invest in each day's entry, you build a consistent rhythm that can long outlast this journal. Avoid choosing a time that is too disruptive to your current routine. Often in our zeal to begin a healthy new habit, we overshoot our ability and fizzle out quickly.

What are natural fits to spend time working through this journal? Consider first thing in the morning to start your day, over your lunch break, or as a way to wrap up your day. Morning, afternoon, or evening doesn't matter—just focus on finding a time that works for you.

Find a place

When you study in a consistent place, you help the habit of studying God's Word stick. Choosing a spot to study doesn't need to be complicated—just look for a place that will be consistently available.

**Over the next five weeks of this study,
I believe God can do**

in my life.

Start Date: _____/_____/_____



**W
E
E
K
1**

What is one aspect of God's character you would like to learn more about? Write down some thoughts on how you can go about learning and growing in this area, and commit to doing so.

Prayer:

Dear Lord, we praise you because you are true, you are good, you are loving, and you are righteous. We admit that in our own human hearts we do not know what is good, what is right, and what is true. Our minds and hearts often want to pursue fleshly desires instead of what is truly good. God, fill us with your Spirit, show us your truth, and guide us in the way of virtue. Thank you for wanting to be in fellowship with us. Help us grow in communion with you. In Jesus's name, Amen.





**W
E
E
K
2**



**W
E
E
K
3**



**W
E
E
K
4**

How can you listen for the guidance of the Holy Spirit and follow however He leads like the apostles did in Acts?

Prayer:

Dear God, thank you for giving us your supernatural power through the Holy Spirit. Give us wisdom to know how to bring honor to your name and accomplish your mission of sharing the gospel with the world. Show us how you want us to live and give us the wisdom to follow the guidance of your Holy Spirit. In Jesus's name, Amen.



How can you learn to find your hope, confidence, value, and strength in Christ alone?

Prayer:

Dear God, thank you for the gift of contentment through Jesus. Help us when we struggle with feeling discontent, not good enough, or lacking in comparison to others. Help us to find joy in you even when our circumstances are not ideal by human standards. Show us how to have contentment in every circumstance. In Jesus's name, Amen.



In what ways can your family, friends, or church community be a refuge for unbelievers from the storm of the world? What specific things can you do to create a peaceful refuge in your life and your home?

Prayer:

Dear God, thank you for loving us when we were still unbelievers. Help me have the same heart toward those who don't yet know you. Thank you for the gifts of peace, love, and joy in the midst of this unsettled world. Help my life and my home be a place of refuge in the chaos. In Jesus's name, Amen.





**W
E
E
K
5**

Reflect on those people who are harder to love, even those you might call your enemies. How is God calling you to agape love them? How can you show that love in action?

Prayer:

Dear God, thank you for your incredible agape love for us, which you have so graciously shown us through your Son, Jesus. Help us learn to love others the way Jesus loves us. By the power of your Spirit, grow your agape love in us. In Jesus's name, Amen.



Describe your church community and how it operates like a family.

Prayer:

Dear God, thank you for giving us community. Help us to see ways we can better love, help grow, build up, share resources, and speak hard truths with kindness to one another when needed. Help us to show honor to one another and celebrate one another's wins. In Jesus's name, Amen.



Spend some time prayerfully considering how God may be calling you to serve others in agape love.

Prayer:

Dear God, thank you for loving us with your amazing, unconditional, selfless agape love. Fill us with your Spirit and your wisdom so we can love others the way you love us. Give us your heart for the world around us, especially people we find difficult to love. Help us to see them the way that you see them. In Jesus's name, Amen.



How can your church community be a light to the world through the way you love? Think of some specific things you can do to help build community in your church.

Prayer:

Dear God, thank you for the gift of community in the church. Help us to see how we can be a part of building a stronger community in our church. For those who don't have a community to support them and love them well, we pray that our church can be a refuge for them. In Jesus's name, Amen.



Read the Lord's prayer (Matthew 6:9-15) and take a moment to reflect on forgiveness. Talk to the Lord about the people and situations in your life where forgiveness is needed. Ask for help to forgive those who have hurt you or someone you love. Ask for wisdom in pursuing justice, if needed, through proper channels.

Prayer:

Dear God, thank you for loving us when we were still your enemies. Help us to have the same heart toward our enemies that you had toward us. Show us how we can bless them and not curse them. Give us the wisdom to pursue justice in the right ways, not add evil to evil. In Jesus's name, Amen.



