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How have you seen Jesus give you strength when you felt weak?

Prayer:

Dear God, thank you for the power of your Holy Spirit who gives us the strength to stand firm on Christ in times of struggle, suffering, or pain. Help us to continue to turn to Jesus when we feel worry, doubt, or fear. Show us how we can grow steadfastness in our lives through spiritual disciplines and practices. Thank you for continuing to show up for us every time we turn to you. In Jesus's name, Amen.



How have you seen growth in your ability to endure suffering? What experiences helped you grow in steadfastness?

Prayer:

Dear God, thank you for the gift of suffering—yes, the gift. Thank you for the ways you use suffering to teach us, mold us, and strengthen us in our faith. Help us to remember to lean on you when we experience suffering. Thank you for the gift of your Spirit of comfort, wisdom, strength, and joy. Keep us steadfast no matter what comes our way. In Jesus's name, Amen.



Think of a friend, family member, coworker, or other person you know who is going through a difficult time right now. How can you share the comfort, love, and grace of God with them? How can you pray for them? How else can you help them?

Prayer:

Dear God, thank you for comforting us when we are suffering. Thank you for the supernatural gift of growing our faith, wisdom, and love through suffering. Help us to not only remain steadfast through suffering but to use our experience to love and comfort others who are suffering. Give us eyes to see the suffering of those around us and a heart of compassion to care for them. In Jesus's name, Amen.



What would it look like to fix your eyes on Jesus when things get hard?
What practical steps can you take to focus on Him?

Prayer:

Dear God, thank you for the reward of eternal life. Thank you that the reward is for everyone who finishes the race, not just for the "winners." Thank you for giving us Jesus to fix our eyes on, to pace our race, and to give us the strength to finish. When things get hard and we feel like giving up, give us the strength to hold on to You. In Jesus's name, Amen.



How can you respond with steadfastness, joy, peace, kindness, generosity and faith to your particular struggles right now?

Prayer:

Dear God, thank you for all the ways you can use our suffering for good in this world. Help us to shift the way we think about suffering to align with Your Word and Your purposes. Give us the strength and wisdom to respond to suffering with joy, patience, generosity, kindness, and faith. Show us how you can use us for the gospel in every circumstance in our lives. In Jesus's name, Amen.



Reflect on those people who are harder to love, even those you might call your enemies. How is God calling you to agape love them? How can you show that love in action?

Prayer:

Dear God, thank you for your incredible agape love for us, which you have so graciously shown us through your Son, Jesus. Help us learn to love others the way Jesus loves us. By the power of your Spirit, grow your agape love in us. In Jesus's name, Amen.

