

Becoming a Disciplined Man Chapter 20

How do we develop discipline?

_____ + _____ =

1. _____ (Titus 1:5-8)

2. _____ (Titus 2:11-12)

3. _____

- Start _____
- Why?
- Work on what you do _____
- Set prayerful goals and develop plans for each

 - Faith
 - Marriage
 - Parenting
 - Career
 - Health
 - Friendships
 - Money
 - Fun

Group Questions:

1. How do you rate yourself on discipline? If 1 is very little discipline, and 10 is max discipline, where are you and why?
2. As you look at your life, are there areas where you are disciplined and others where you are less so? Why are you more or less disciplined in those areas? Use the list above for reference.
3. Read Titus 1:5-8; Does it encourage you that there were things the Apostle Paul did that needed to be “straightened out?” Why?
4. Why is it better to start with repentance as you begin the journey to develop more discipline?
5. Read Titus 2:11-12; Describe in your own words, the difference between self-fueled effort and grace-fueled effort? How do we grow in the latter?
6. Look over the list of different areas of life. Which one do you want to develop more discipline in? Why? Jot down some initial ideas of what increased discipline would look like.
7. Between now and next group time commit to come up with a goals for each area of life.