



# MY APPLICATION

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

1. How would you define joy? Is joy different than happiness? What was the message of the angels to the shepherds, and why did they say it was a message of “great joy?” (Luke 2:10-11)
2. Read Philippians 2:1-5. Why does our relationship with Jesus motivate us to focus less about our own success and happiness and more about loving and serving others? Do you ever struggle with this?
3. Jesus’ birth was a massive step down from his exalted position to the lowest, even dying the death of a slave. What part of the journey down, that Paul describes in Philippians 2:6-8, is the most important to you? Why?
4. This Christmas, how will you find your joy in Jesus coming down to give you life? What obstacles are you facing in your focus this year? How can the group pray for you?

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## MEMORY VERSE

“Your attitude should be the same as that of Christ Jesus.”

**Philippians 2:5**