



# MY APPLICATION

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

1. What sorts of things does our culture get mad about?
  
  
  
  
  
  
  
  
  
  
2. Do you tend to feel connected to or frustrated by media outlets that lean into anger?
  
  
  
  
  
  
  
  
  
  
3. Why would Jesus tell people to reconcile relationships before showing up to worship God?
  
  
  
  
  
  
  
  
  
  
4. Is there a relationship that Jesus would want you to reconcile instead of hold anger for?



## Memory Verse

**“So if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there before the altar and go. First be reconciled to your brother, and then come offer your gift.”**

**Matthew 5:23**