Question

Identify two or three items on this list that you think you do well. Make an effort to continue practicing these good habits this week. Then, identify two or three areas where you'd like to improve. Make a *specific* list of your own for how you will put these helpful habits into practice *this week*!

For Extra Credit ©: Ask your husband to help you with this assignment. What does he think you do well? What would he find even more helpful?

Passage to Ponder this week... Ephesians 5:15