



## Meals with Meaning

Selected Scripture

1. The Passover meal: \_\_\_\_\_

2. The Lord's supper: \_\_\_\_\_

3. The wedding supper of the Lamb: \_\_\_\_\_

# MY APPLICATION

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

1. Growing up, what was mealtime like at your home? Did you eat with your family frequently or infrequently? How did your family mealtime affect your family dynamics and relationships?
2. God chose three meals to bring people together and create meaning. Think through the Passover, the Lord's Supper, and the Marriage Supper of the Lamb. What was God intending for his people to experience from each of these? How do these meals play a meaningful role in your faith?
3. What was your favorite lifetime meal (not the type of food but the overall experience)? Why was it so special? What do you imagine the Marriage Supper of the Lamb to be like? See Revelation 19:6-9
4. Are you willing to take the 120 Meals with Meaning Challenge? What will be the most difficult part for you? What are you hoping God does in the next 120 days?

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## MEMORY VERSE

For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes.

**1 Corinthians 11:26**