



BLESS is a new way of thinking about loving our neighbors. BLESS is an acronym for five missional practices that help us introduce people to Jesus. We often engage with these practices every day with our friends and family. By vectoring these practices outward to include people who may be far from God, we can help bring people to new life in Christ.

Week One: Be A Blessing!

Discussion Questions:

The following are based on the “My Application” Questions found in the bulletin this week. (*Leader, urge your group members to attend worship—or watch the sermon online—and to spend time considering and answering those questions before coming to the group. This will produce a richer discussion time.*)

- Define blessing. See *Genesis 12:2-3; Luke 4:18-19; 1 Peter 3:8-9; Matthew 5:3-12; Revelation 22:14-15*. How is blessing different than what most people think today?
- As you think about your life, who are some of the people that blessed you? Who are some that you have blessed?
- As you consider the mission of Jesus, would you describe him more as a “converter” or a “blesser?” Why?
- What blessing have you received that you will celebrate with someone this week? What is one way that you will bless someone?

Prayer Time

- Think about some specific ways God has blessed you richly and thank Him for it.
- Ask God to make you sensitive to seeing how you can speak to others about how He has blessed you.
- Pray about how you can BLESS someone else – particularly someone far from God.

Application

How will you do these two simple things this week?

- 1) Celebrate your blessings by telling someone how God has blessed you.

- 2) BLESS someone this week in a tangible way.

What is BLESS?

Here is an overview of the five BLESS missional practices:

1. **B**egin with prayer. Jesus and others have blessed you through prayer. Bless others who don't know Jesus yet through prayer.
2. **L**isten. Listen with Care. Jesus and others have listened to you and heard you. Bless others far from God by listening and hearing them.
3. **E**at. Eat Together. Jesus and others have accepted you and “invited you to their table.” Accept and invite others who don't know Jesus yet to your table.
4. **S**erve. Serve with Love. Jesus and others have served you in ways that changed you. Serve others far from God in ways that can change them. Allow them to serve you, too.
5. **S**hare: Share your story and God's story. Jesus and others have shared their story with you in a way that changed you. Share your story and God's story with others far from God.

Scripture Memory

“For the Son of Man came to seek and to save what was lost.”

Luke 19:10