



"Personal Questions"

Question 1 – Help me with **Spiritual Disciplines**.

- Give yourself patience.
- Give yourself structure.
- Give yourself people.

Question 2 – Help me with **Salvation**.

- Our view is limited.
- Our role is consistent.

Question 3 – Help me with **Suffering**.

- Christians believe the worst possible thing happened to the best possible person.
- Long processing helps more than quick proofs.

MY APPLICATION

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family and friends.

1. We covered that there are some natural challenges to a person growing in personal spiritual disciplines. Which of these challenges do you think is most significant for our culture to overcome? We also covered that there are three things at least you can give yourself to grow in personal spiritual disciplines. Are any of these helpful to you, or do you think you could benefit from one of them helping you?
2. We also covered that the challenge of someone's salvation is less an issue of doctrine, more of an issue of relationship. The Bible is clear about sin and redemption. We taught that when we watch someone walk away from Jesus or His church, it makes us feel the power of sin in a new way. Have you watched someone walk away from their faith? Was it a slow drift or was it swift? We also mentioned that regardless of a person being a believer who is adrift or a person not being a believer, our role is constant. We live to set an example and draw people to Jesus. Is this harder for people who walked away, or harder for people who have never believed to begin with?
3. Suffering is a unique challenge. It lives more in the heart than the mind. If you have walked through a season of suffering, what helped you through? Was it a book? A spiritual discipline? A person?

Memory Verse

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death. For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh,

Romans 8:1-3 ESV