

## ***For Session 3.1 Managing Our Inner World***

### **Helpful Books to Read with Your Protégé:**

*Believing God* by Beth Moore on our Identity

[http://www.amazon.com/Believing-God-Beth-Moore/dp/0805431896/ref=tmm\\_hrd\\_title\\_0?ie=UTF8&qid=1392917146&sr=1-1](http://www.amazon.com/Believing-God-Beth-Moore/dp/0805431896/ref=tmm_hrd_title_0?ie=UTF8&qid=1392917146&sr=1-1)

*Spirit-Filled Life Booklet* by Cru on Walking in the Spirit

[http://www.amazon.com/gp/product/1563990202/ref=ox\\_sc\\_act\\_title\\_8?ie=UTF8&psc=1&smid=ATVPDKIKX0DER](http://www.amazon.com/gp/product/1563990202/ref=ox_sc_act_title_8?ie=UTF8&psc=1&smid=ATVPDKIKX0DER)

*Calm My Anxious Heart* by Linda Dillow on Contentment

[http://www.amazon.com/Calm-Anxious-Heart-Contentment-Collection/dp/1600061419/ref=sr\\_1\\_1\\_title\\_1\\_pap?s=books&ie=UTF8&qid=1392917371&sr=1-1&keywords=calm+my+anxious+heart+by+linda+dillow](http://www.amazon.com/Calm-Anxious-Heart-Contentment-Collection/dp/1600061419/ref=sr_1_1_title_1_pap?s=books&ie=UTF8&qid=1392917371&sr=1-1&keywords=calm+my+anxious+heart+by+linda+dillow)

*Breaking Free* by Beth Moore, dealing with spiritual and emotional barriers

[http://www.amazon.com/Breaking-Free-Discover-Victory-Surrender/dp/0805445528/ref=tmm\\_pap\\_title\\_0?ie=UTF8&qid=1392917490&sr=1-1](http://www.amazon.com/Breaking-Free-Discover-Victory-Surrender/dp/0805445528/ref=tmm_pap_title_0?ie=UTF8&qid=1392917490&sr=1-1)